ROLE OF SUGARS, AMINO ACIDS AND ORGANIC ACIDS IN IMPROVING PLANT ABIOTIC STRESS TOLERANCE

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Abstract

Plant growth and development are affected by many environmental factors. Among them, abiotic factors such as drought and salinity are more destructive; and responsible for worldwide crop losses. These stresses are also responsible for several biochemical and physiological changes in the plants. During metabolomic profiling, it was confirmed that sugars, amino acids and amines are accumulated in different plant species under abiotic stress condition. In most plant species, sugars are considered as the major contributing factor in osmotic adjustment. Soluble sugars are very important in various metabolic events, work as a signal to regulate different gene expression that are involved in photosynthesis, osmolyte synthesis and sucrose metabolism. It was suggested that the accretion of amino acids helps in stress tolerance of plants; through contributing in detoxification of reactive oxygen species, regulation of pH and osmotic adjustments. Among all organic acids, especially succinic, malic and galacturonic acids increase the plant response to long-term drought stress. Amphoteric quaternary amines such as glycine betaine regulate water balance between a plant cell and the environment by stabilizing macromolecular structure and activity. Metabolomic analysis of sugars, amino acids and organic acids is an important tool to correlate the metabolic changes with plant responses. This review aims to explore how sugars, amino acids and organic acids and organic acids assist plants under severe environmental conditions and alleviate the adverse effects of abiotic stresses.

Key words: Abiotic stresses, Soluble sugars, Amino acids, Metabolomics.

Abbreviations: GB- Glycine betaine, ROS- Reactive oxygen species, QTL-Quantitative trait locus, GABA-Gamma-amino butyric acid, LC-HRMS- Liquid chromatography-high-resolution mass spectrometry, NMR-Nuclear magnetic resonance, Spm-Spermine, SPD-Spermidine, Put-Putrescine

Introduction

Abiotic stresses such as drought, heat and salinity, significantly reduce the production of crop plants if present alone or in combination. Selection of stress tolerant varieties is vital to cope with these challenges in agriculture. Substantial data are available for dissecting plant responses to environmental stresses, but the connections between diverse stresses have been far less inspected (Khan *et al.*, 2018a; Suzuki *et al.*, 2014). The appearance of a specific metabolite is greatly affected by genotypic and environmental interactions. Although the synthesis of metabolites is under the control of genes, its onset is triggered at development stages and/or by environmental factors, particularly soil type, temperature, light, composts, humidity, and insecticides (Dorais *et al.*, 2008, Ali *et al.*, 2016).

Plants react differently to various abiotic stimuli; but, changes in primary metabolism are the commonest response. It includes modifications in the levels of amino acids, sugars/sugar alcohols and tricarboxylic acid cycle intermediates; exhibiting common characters in abiotic stress responses. Plants also show alterations in the level of secondary metabolites when exposed to abiotic stresses; but, these alterations vary according to species and to stress type (Khan *et al.*, 2018b). The involvement of genomic analysis with metabolomics for phenotype calculation is typically interesting in crop breeding; as the environmental factors strongly influence the selection based on genetic markers (Summer *et al.*, 2003). The previous investigation on *Thellungiella* accessions proved that polyamines and sugars are of help in adaptation to extremely cold temperatures (Colinet *et al.*, 2012).

Plant metabolites associated with abiotic stress tolerance such as sorbitol, fructan, trehalose, polyols mannitol, dimethyl-sulfoniopropionate and proline that help as osmolytes and osmoprotectant under harsh environments (Khan et al., 2018a). Plants produce epicuticular waxes, which protect plant cells from the different pathogenic attacks; and help under drought stress to regulate water loss from the aerial part. Many small molecules like anthocyanins, glutathione, ascorbic acid and tocopherols secure the plant by scavenging active oxygen species during oxidative stress. The biosynthesis of lignin, phytoalexins and phenylpropanoid pathway are also accountable for plant stress defense. Various phytohormones also produced under stress conditions act as signaling molecules and activate the systematic defense system in plants (Shulaev, 2008).

Role of sugar in abiotic stress tolerance: Soluble sugars are involved in many biological processes and structural constituents of the cell and act as a metabolic resource (Ahamd et al., 2016). Soluble sugars are an important component of the signaling pathway, which interconnects the stress pathways that form a complex network and control metabolic responses of plants (Jang & Sheen, 1997). Soluble sugars may assist in stress and may act directly as negative signals or modify the cell reactive pathways to induce the stress response signals and increase plant resistance to stress (Rosa et al., 2009). The concentration of soluble sugars is generally augmented by high salt concentration, flooding and low temperature. Soluble sugars have different actions, which depend on plant species and intensity of stress (Blumwald et al., 2000). The concentration of sugars is also affected by the type of abiotic stress and due to fluctuations in CO₂ assimilation (Close, 1997). The current research confirmed that the accumulation of soluble sugars and other osmolytes significantly improve plant tolerance to external harsh conditions (Shi et al., 2000). In some cases, it was noticed that increases in solutes content have surprising harmful effects on plant growth and expansion. It was noticed that the accumulation of solutes through genetic engineering is not a direct solution to abiotic stress but important to combine sugar metabolic pathways to build the source-sink relationship in the whole plant body and to extend the stress tolerance to the whole plant.

Soluble sugars act as a primary messenger to control gene expression and enzymatic activities that are implicated with development and metabolism (Quintero et al., 2002; Uozumi et al., 2000). Soluble sugars also regulate the gene expression in sugar exporting and importing tissue and could be used as vital sources of energy (Rus et al., 2001). It was confirmed that the deposition of many sugars, for example, fructan, trehalose, galactinol and sugar alcohols such as mannitol and D-inositol play key role in the water stress tolerance (Taji et al., 2002; Seki et al., 2007; Wang et al., 2003). In Arabidopsis thaliana, the transgene galactinol synthase (AtGolS2) induces more drought susceptibility due to an increase of galactinol and raffinose. In a transgenic plant with overexpression of DREBIA/C-repeat binding factor 3 (CBF3) increase the resistance to drought and cold stress due to more galactinol and raffinose content as compared to wild-type plants (Avonce et al., 2004; Valliyodan et al., 2006). This suggests the osmoprotective role of galactinol and raffinose under drought stress. Nonreducing disaccharide trehaloses assist in abiotic stress in partial revival in plants, invertebrates, fungi and bacteria. The scientists introduced the trehalose genes into plants and increased plant resistance to drought stress without any change in morphological or physiological effects (Abebe et al., 2003). Fructans formed from the oligo- and polyfructoses also play a critical role in drought stress tolerance; it also helps to form a protective membrane from adverse effects of water lacking environment (Hincha et al., 2006; Sheveleva et al., 1997). Mannitol a sugar alcohol also helps in imparting drought stress tolerance in many plants species. The transgenic wheat variety containing mannitol-1-phosphate dehydrogenase

gene of E. coli improved plant growth and enhanced the salinity and drought stress tolerance (Abebe et al., 2003). Sugar alcohol D-ononitol thought to form membranes and decrease the adverse effects of free hydroxyl radicals. The introduction of myo-inositol O-methyltransferase gene of Mesembryanthemum cryystallinum and over-expression of D-ononitol improve salt and drought stress tolerance in transgenic tobacco plants (Wang et al., 2003; Borsani et al., 2005). Abiotic stresses also change the leaf carbohydrates and metabolic content and this might help as a signal due to which the plants respond to harsh environmental conditions (Fig. 2) (Jang & Sheen 1997; Chaves, 1991). Previously it has been reported that under stress condition the invertase activities was enhanced by glucose and fructose in the drought-affected plant's leaves (Pinheiro et al., 2001; Trouverie et al., 2003, Ali et al., 2018). There is also a strong link between sugar accumulation and phytohormone content. Glucose and ABA regulate different signaling mechanism during plant growth and the elevated level of ABA and glucose stop the plant growth under drought condition; but, in lower concentration, it behaves as an antagonistic and promotes plant growth. These compounds appear as osmoprotectantory rather than acting in osmotic adjustmens (Shabala & Lew, 2002). Mannitol is the most common sugar alcohol in nature that is involved in stabilizing Reactive Oxygen Species (ROS) and help in maintaining the molecular confirmation of enzymes (Shen et al., 1997). The macromolecules and osmolytes form hydrogen bonds under water deficit condition and avert the intermolecular hydrogen bond formation, which damages the protein confirmation for forever. The nonreducing disaccharides such as trehaloses play a very positive role to stabilize the macromolecules and membranes structure during drought stress. Photosynthesis rate is enhancing under overexpression of trhaloses due to the protection of PSII against the photooxidation (Garg et al., 2002).

Glucose and fructose are hexoses that cause a massive alternation in sugars as compared to the cyclitol and scyllo-inositol. Morgan (1984) has recognized effects of the water stress on the balance of sugars and starch. Glucose helps directly in the osmotic adjustment in different species such as Oak Pine, and Popular, but the cyclitols primarily help to protect and stabilize the DNA structure under drought stress (Gebre et al., 1994; Epron & Dreyer, 1996; Ottow et al., 2005). Sucrose and hexoses have dual functios by regulating expression of stress-related genes. The sugars also coordinate the regulation of growth and stress-related genes through HXK-dependent and independent pathways (Rosa et al., 2009). It has been identified in several plants species that the soluble sugars content is ncreased under drought stress condition; but, the starch content decrease (Kameli & Losel, 1993; Chaves et al., 2009). It was noted that starch breakdown from chloroplast increases the content of soluble sugars, for example, sucrose fructose and glucose, it was also revealed that the maximum amount of galactose was present in Arabidopsis, potato and in rice under water stress

(Rizhsky et al., 2004; Morsy et al., 2007). The enhancement of galactose is associated with the biosynthesis of osmoprotectants. Other sugars are also amplified under drought stress condition such as mannose, xylose, and maltose. The maltose helps to increase the defensive effect on the cell membranes and maintained the cell function normally during osmotic treatment reported by Ferrando & Spiess (2001). The other soluble sugar such as xylose act as a precursor for the hemicelluloses of the cell wall, in different plant species such as tobacco culture cell and durum wheat the water induced the build-up of hemicelluloses (Seifert, 2004). Role of sugars in protein stabilization has also been studied in detail (Crow et al., 1987; Yancey, 2005). Many researchers analyzed that trehalose form hydrogen bonds with polar residues protein molecules (Figueroa et al., 2016) (Fig. 1). Hydrogen bonds between the phosphate group of phospholipids and the hydroxyl group of trehalose assessments the vacillations in the infrared spectrum during dehydration. The scientists used the Cation Eu³⁺ that form ionic bonds to the phosphate of phospholipids, through this the sucrose maybe display between the phosphate sites and dry membranes (Texier et al., 2005). The author also suggested that addition of Eu³⁺ decreased the upkeep of liposomes by sucrose during freeze-drying condition; it's showed the sensible binding of sucrose and Eu3⁺ to the phosphate site of phospholipids.

Soluble sugars produced under stress environment can act as signaling molecules, work in connotation with plant growth regulator, the sugar form, and demonstrate a complex network in plants (Chaves & Oliveira, 2004; Rolland et al., 2006). The soluble sugar content increase under drought stress as compared to the starch content but, under the severe condition, the sugar content also decrease. These fluctuations of sugar content bring change in the gene expression and proteomic patterns, especially in photosynthetic metabolism. It is also accepted that under high sugar content the genes involved in the photosynthesis activates become decline, whereas those intricate in the sink activities are persuaded such as gene intricate in the dilapidation of carbohydrates, polysaccharides, lipids, and proteins (Chaves et al., 2009). In fact, there is no expensive drought specific study regarding the metabolomics. However, several studies showed the role of sugar and their correlation with different enzyme during the water stress environment (Boyer & Westgate, 2004; Sami et al., 2016). During drought condition, the plant starts to emergent gain in the early stage as compared to the normal growing plants especially in maize, but the grain is not full filled and infertile. This is due to the restrictive factor invertase in the emerging kernel of maize under drought condition. The QTL designed for invertase activity express mapping near Ivr2, an inverseencoding gene. In young maize plants, the colocalization between the ADP-glucose pyrophosphorylase and sucrose-p synthase also exist (Pelleschi et al., 2006). These studies demonstrated how different metabolites and protein interact with one and other under stress

conditions. It also provides the information related to the new metabolomic analysis and help in the discovery of new stress resistance system that would be fruitful for understanding stress-engineering mechanisms in plants (Khan *et al.*, 2017).

Role of Amino acids in plant responses to stress: Amino acids are imitated as precursors of proteins and other organic compounds like nucleic acids that show an active role in plant reactions to many stresses. They can act as regulatory and signaling molecules (Dondoni *et al.*, 2006). Proline is an important amino acid that plays crucial roles in plant during abiotic stress responses. The content of proline increases in plants under diverse environmental stresses (Anjum *et al.*, 2011; Gill & Tuteja, 2010; Hayat *et al.*, 2012). Proline acting as an osmoprotective was first studied in microorganisms like bacteria; where a causal connotation between proline accretion and salt tolerance has been confirmed (Csonka & Hanson, 1991).

Similarly, a close connection in the enhancement of proline and water deficient tolerance in barley was reported previously (Lewin et al., 1972). Drought tolerant plant species collect many folds higher free proline as comparted to susceptible species (Khan et al., 2018a). The positive effect of proline has been noted on enzymes and membrane integrity mediating osmotic adjustments under stress (Kishor et al., 2005). Some studies also revealed that the proline enhancement under stress condition is a product, not a response to harsh environment; although many researchers have specified a positive relationship between accumulation of proline and plant stress (Ashraf & Foolad, 2007). Kumar & Sharma (1989) found that augmented proline increased K content and improved the effect of salt on the growth of Vigna radiata cultures. Proline reduces the damaging effects of nascent oxygen and hydroxyl radicals on Photosystem II located in the thylakoid membranes (Nishiyama et al., 2004). In transgenic tobacco plants the over-expression of proline by P5Cs decrease the free radicals content under stress condition (Siripornadulsil et al., 2002).

Amino acids are also known for their role in the inhibition of protein aggregation and M4 lactate dehydrogenase stabilization throughout during excessive temperatures (Szabados et al., 2010). During osmotic, heavy metal stress it also helps to protect the nitrate reductase and during arsenate environments it can stabilize the protease and ribonuclease (Sharma & Dubey, 2005; Mishra & Dubey, 2006). Prior treatment of amino acids can ease the Hg²⁺ toxicity in rice because of its ROS scavenging activity (Gautam et al., 2010, Ali & Linan, 2019). It was confirmed earlier that amino acids also affect the flowering under stress condition. Tanaka et al., (1997) found that amino acids; asparginin, glutamic acid, alanine, aspartic acid, glycine, and serine endorsed flowering whereas, cysteine, threoinine and phenylalanine repressed flowering in Lemma pausicostata. The exogenous application of amino acids on plants controls membrane permeability and ion uptake; thus enabling plants to withstand severe stress (El-Tayeb, 2005). Besides this, different amino acids play various roles in plants *e.g.*, acting as an osmolyte, alter enzyme activity, modulate stomatal opening, regulate ion transport and detoxify heavy metals (Torres & Dangl, 2005).



Fig. 1. Key mechanism of stress avoidance targeted by humic acid and fulvic acid (Van Oosten et al., 2017).



Fig. 2. Partial least square discriminant analysis (PLS-DA) and 2D Scores loading plot for the Chickpea Punjab Noor-2009 (G1) and 93127 (G2) under control (well-watered) and drought treatments at 2 time points (14 and 25 days). Samples at control and drought treatments did not overlap with each other indicating an altered state of metabolite levels in the chickpea leaves. G1, sensitive variety; G2, tolerant variety (Khan *et al.*, 2018a).

Du & Wang (2012) analyzed the polar compounds mine by using the GC-MS techniques from the hybrid Bermuda leaves under short-term (6 d) well watered condition and long-term (18 d) drought condition. The organic content showed non-significant change such as sugars and sugar alcohols during short-term stress; however, a decline in the content of amino acids (e.g. serine, GABA, and isoleucine) was noted. They also noted a significant augment in the content of other 11 amino acids i.e. proline, methionine, serine, asparagine, phenylalanine, aspartic acid, GABA, glycine, 5hydroxynorvaline, threonine, and valine significantly improved during long-term stress. There is a close connection with the ion of GABA shunt deficiencies and with the accumulation of reactive oxygen species (Fait et al., 2005). In Arabidopsis and pea plants, the reduction of isoleucine content was denoted under water stress environments (Charlton *et al.*, 2008). The expression level of protein analogue decreases with serine protease activity in drought-tolerant *P. vulgaris* variety during water stress, suggesting serine protease allied in defense mechanism in early drought-induced senescence (Hieng *et al.*, 2004). Among amino acids, alanine, lysine and isoleucine contents significantly reduced whereas, tyrosine content did not change. The amino acid content also helps in stress tolerant, through regulating the intracellular pH, osmotic adjustment, and detoxification of ROS (Rizhsky *et al.*, 2004).

Warth *et al.*, (2015) found that amino acids, which were visibly plentiful in DON-treated wheat, have been interrelated with diverse plant resistance mechanisms. The three important amino acids such as tryptophan,

phenylalanine, and tyrosine all are produced in shikimate pathways. Phenylalanine, tryptophane, and tyrosine are considered the three central molecules in plant metabolism (Galili & Hoefgen, 2002). The shikimate pathway plays a fundamental role in plant reproduction, development, pest-defense, and environmental stresses (Maeda & Dudareva, 2012). In plants, the biosynthetic pathway of these aromatic amino acids serves as precursor for the synthesis of plant hormones, viz. auxin and salicylates and for aromatic secondary metabolites including indole-acetate, lipid precursor, and lignin which plays a critical role is stress tolerance (Suguiyama et al., 2014). Witt et al., (2012) reported an increased level of tryptophan and phenylalanine in corn under drought condition. Maize plants under high temperature stress showed increases in metabolites such as tryptophan, serine, threonine, beta-alanine, proline, glutamate, myoinositol, and urea (Obata et al., 2015). The increased level of proline and tryptophan was evident in both the sensitive and the tolerant varieties of chickpea when plants were exposed to drought condition (Khan et al., 2018a). In addition, of acting as alternate source for energy under stress conditions, L-tryptophan had been demonstrated to play roles in transportation of ions, opening of stomata, reducing reactive oxygen species (ROS) and act as an osmolyte (Rai, 2002). Before the use of LC-HRMS techniques, the phenylalanine was termed as FHB resistance related metabolite (Gunnaiah et al., 2012). It was discovered by using NMR techniques that the level of threonine valine, isoleucine, leucine, proline and homoserine as well as myo-inositol, c-aminob,utyrate and malate were elevated in the field condition; but the level of isoleucine and leucine is no increased under greenhouse condition in the same pea plant (Charlton et al., 2008). By using LC-MS methods the researcher analyzed the elevated level of proline, caffeate, malate and p-coumarate in maize xylem sap. However, the condensation of ferulate was observed under water stress condition (Alvarez at al., 2008). The link between the stress level and the modification in metabolite profile was inspected in a different level of drought stress conditions in Lotus japaonicus species. All the changes were programmatic in the concentration of polyols, sugars and organic acid (Sanchez at al., 2011).

Organic acids: The drought tolerance in plant species is attended through a change in the content of different organic compounds because of environmental stress condition. The comparative organic content significantly depends upon the specific metabolites in the given condition such as the succinic acid, malic acid, and galacturonic acid displayed the utmost surges in response to long-term drought stress among all organic acids. Gao et al., (2012) reported that under long-term drought stress, the level of malic acid elevated two folds as compared to the well-watered condition. The malic acid increased the drought tolerance was found in different plant species such as spear grass, cotton and tropical grasses (Cutler et al., 1977; Ford & Wilson, 1981; Umezawa et al., 2006). In potato genotypes, the overexpression of galacturonic acid reductase increases the ascorbic acid and enhanced the water stress tolerance (Conclin, 2001). In hybrid Bermuda

grass under the oxidative stress, the galacturonic acid level rises in the leaves suggesting that galacturonic acids have a vital role in oxidative damage under drought stress. Steeuer et al., (2007) reported that succinate is an important constituent of the citric acid cycle, and help in energy production through respiration. In alfalfa, the elevated level of succinic acid in nodules was found under severe water stress condition (Nava et al., 2007). During the long-term water stress, the deterioration in the content of organic acid was analyzed which including methylmalonic acid, citric acid, glyceric acid and isocitric acid, which declined by 36%, 49%, 55%, and 49% respectively in comparison to the control. Sassi et al., (2010) reported reduction in the level of organic acids, in the leaves of bean sensitive genotypes on exposure to stress. It has been reported that major cereal phenolics are linked to Grandrieu rye, Dicktoo barely, Bajka oat and winter wheat varieties. In all these cereals, the concentration of caffeic acid was elevated (14-23%) as compared to the previous study that was below 1% (Kim et al., 2006; Shewry et al., 2010; Zieliński & Kozłowska, 2000).

Similarly, in wheat, oat and barley the content of ferulic acid elevated from 20-33%, the elevation is more prominent in two rye varieties. According to these results, the authors concluded that in grains mostly the caffeeic and feluic acid present in a conjugated form which can cleave by alkaline hydrolysis. In earlier metabolomics studies showed that the most common phenolic acid was ferulic sinapinic and 3, 5 dihydroxybenzoic acid, although, in the present study ferulic, caffeic acid and sinapinic is more abundant phenolic acid. In rye the concentration of fumaric and 2, hydroxycyclohexacarboxylic acid is higher, but in barely the maximum concentration of malic and ketogultaric acid was recorded (Kuldao *et al.*, 2008).

Polyamines: Polyamines are polycations, required for plant growth and play a vital role in abiotic stress condition in higher plants. The important polyamines such as spermine (Spm), soermidine (SPD) and putrescine (Put) are commonly present in all organisms. In Arabidopsis thaliana, the expression of Put is under the control of arginine decarboxylase gene (ADC2) in water and salt stress condition (Urano et al., 2003). In transgenic rice, the over-expression of ADC gene showed more drought tolerance due to the elevated level of polyamines. The accumulation of spermidine through overexpression of spermidine synthase of Cucurbita ficifolia increased many stresses resistance in transgenic Arabidopsis plants such as water and salt stresses (Kasukabe et al., 2004; Capell et al., 2004). It was reported that spermidine regulates the expression of genes that are involved in drought stress tolerance and spermidine act as signaling molecules. All these studies indicated that polyamines play dynamic roles during water stress conditions (Seki et al., 2007). Glycine betaine (GB) is important quaternary amine; during drought condition, these amines kept the water balance between the plant cell and the environments and alleviating the structure and activities of macromolecule (Ashraf & Foolad, 2007). The scientist distinguished the plants according to the synthesis of glycine betaine, some plants such as barley and spinach produce and accumulate maximum amount of glycine betaine in their chloroplast, while other plants do

not synthesize this compounds such as *Arabidopsis thaliana* and tobacco. Transgenic Arabidopsis, the genes of cyanobacteria such as glycine sarcosine methyltransferase (ApGSMT) and dimethylglycine methyltransferase (ApDMT) enhanced the tolerance of drought, salt and low-temperatures stresses (Sakamoto & Murata, 2002).

Different types of polyamines are accumulated in different plant species under salinity stress condition, the action of their major metabolic enzyme was explored in Brassica species under stress condition (Mo et al., 2002). It was confirmed that extended stress caused only a trivial change in the polyamine production and the action of ornithine and arginine decarboxylase and polyamine oxidase; but, under short-term stress, increase in the production of enzyme activities and polyamines level were noted. Some studies showed that the enhanced and accumulation of polyamines is linked with the salt stress and salt sensitive species. In rice and tomato, salt tolerance species the accumulation of polyamines and variation in polyamines content have been reported in response to diverse stress conditions (Ashraf & Harries, 2004; Krishnamurthy & Bhagwat, 1989).

Conclusion

Drought stress alters the overall plant morphology and cell content. However, plant metabolites play a key role in the adjustment and the regulation of various developmental processes through signaling and response to different abiotic stresses. This study indicated that the leaves of control and stressed plants have distinct mechanisms to regulate the accumulation of different metabolites that provides a better idea to understand the responsive mechanisms of plants during different biotic and abiotic stress conditions. During metabolomic profiling, it was confirmed that sugars, amino acids and amines accumulated in different plant species under drought stress condition. The levels of proline, tryptophan, leucine, isoleucine, and valine amplified in plant leaves under stress condition and organic acid had positive correlation to water scarcity. The crosstalk between plant metabolites and abiotic stresses has positive impacts on the induction of plant growth in a sustainable manner that also enhance drought tolerance and immunity.

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