AN EFFICIENT PROTOCOL FOR DNA EXTRACTION FROM FRESH AND HERBARIUM SPECIMENS OF HELIOTROPES.

SAMINA NAURIN AND MUHAMMAD QAISER

Department of Botany, University of Karachi, Karachi-75270, Pakistan. Author for correspondence: auuss3(@gmail.com

Abstract

High quality DNA is essential in various techniques of molecular systematic. Herbarium specimens are the valuable source of genetic information in this respect especially for those taxa which grow in areas which are difficult to access, very rare or endangered. However, the DNA obtained from the herbarium specimen is often highly fragmented or present in very low quantity. Most of the *Heliotropium* L. species produce large number of secondary metabolites. For isolating high quality DNA, free from secondary metabolites, a low cost but efficient protocol for different species of *Heliotropium* L. is developed. The DNA isolated with this protocol was successfully used for PCR based downstream applications such as gene amplification, DNA sequencing and Bar coding.

Keywords: Herbarium, secondary metabolites, extracted DNA, gene amplification.

Introduction:

Herbarium specimens are used to study various morphological investigations as they contain lot of information. They are also extensively used to carry out a variety of molecular studies particularly of those taxa whose fresh specimens are not easily available, either growing in areas which are difficult to access or being rare/ endangered. The Extraction of DNA is a very intricate and complex process especially the DNA obtained from herbarium specimen are highly fragmented and sometimes present in very low quantity. Fumigation (Metzger & Byers 1999), chemical preservatives, high temperatures or use of microwave oven for drying and pest control. (Hall 1981, Bacci et al. 1983) cause severe damage to DNA molecule. Air drying is considered to be better than the preservation of tissues in Silica gel or anhydrous CaSO₄. If the specimens are air dried up to 42°C (Taylor and Swann 1994) they contain an ample amount of high yielding DNA. The extraction of DNA and its subsequent use in molecular studies may also be problematic because of the presence of Polysaccharides, Phenols and other organic compounds (Porebski et al. 1997). A number of protocols have been established (Saghai Maroof et al.1984; Doyle &Doyle 1990; Scott & Playford 1996; Haymes 1996; Porebski et al. 1997; Li et al. 2002; Sharma et al. 2000; Drabkova et al.2002; Shepherd et al.2002; Mogg & Bond 2003; Cheng et al., 2003) to extract high quality DNA free of chemicals, contamination. impurities and The chemotypic heterogeneity among species may not permit total DNA yields from a single isolation protocol; even closely related species of the same genus may require different isolation protocols (Weishing et al., 1995).

Heliotropium is a genus of about 270-276 species, cosmopolitan in distribution, represented in Pakistan by 23 species distributed in 11 sections (Nasir 1989). A variety of secondary metabolites have been isolated from the bioactive extract of *Heliotropium angiospermum* (Gilda *et al.*, 2009). Commercially available kits like

DNeasy plant mini kit (Qiagen Valencia CA, USA) give good results but are very expensive (Ahmed *et al.* 2009). The use of multiple extraction protocols is laborious, time consuming and expensive. All these problems necessitate the development of a protocol for isolating high quality DNA which is easy, rapid, inexpensive and less laborious. Here in the present study we described an easy, simple and cost effective CTAB based method that yields high quality genomic DNA from fresh as well as dry leaves of *Heliotropium*. This protocol can be applied to all the plants fresh or dried.

Materials and methods

Reagents and solutions

- Suspension buffer PH8 [0.1mM EDTA, 50mM Tris HCl, 100 mg PVP (Polyvinylpyrrolidone), 0.2% mercaptoethanol (freshly added just before use).]
- CTAB extraction buffer (2× CTAB: 50 ml of 1M tris-HCl, 150 ml of 5M NaCl, 50 ml of 0.25M EDTA, 10 g of CTAB and Distilled water to make up volume up to 500ml by maintaining Ph 8
- Chloroform: isoamyl alcohol (24:1)
- Isopropanol
- Tris-EDTA
- RNase, 20 mg/mL
- Sodium acetate 3M
- Ethanol 70% and 96%

DNA Extraction Protocol

- 1. Grind 0.2-0.3gm dried leaves to fine powder in ice cold condition in presence of 100mg PVP and 300 μ L suspension buffer by using pre-chilled mortar and pestle (at-80°C).
- 2. Transfer the content in 2 ml micro centrifuge tubes and suspend in 300 μ L of suspension buffer_for 30 min. to 2hours at 4°C.
- Add 750 μL of preheated CTAB extraction buffer (64°C) to the contents and incubate with gentle agitation at 60°C for 1 hour.

- 4. Let the solution to cool down to room temperature and add 1volume chloroform+ isoamyle alcohol (24:1)
- 5. Shake 5-10 min. at room temperature and Centrifuge at 13000 rpm for 10 min.
- 6. Carefully transfer the upper aqueous phase to 1.5ml new tube.
- 7. Repeat steps 4-6.
- Add double volume of chilled isopropanol and keep at -20°C for 1 hour or overnight to precipitate the DNA. (longer the chilled treatment higher will be the precipitation)
- 9. Centrifuge at 13000 rpm for10 min. at 4°C.
- 10. Discard the supernatants and wash the pellet with 70% chilled ethanol (500 μ L)
- 11. Centrifuge at 12000 rpm for 15 min.
- 12. Discard the Supernatant and air dry the pellet.
- Resuspend the pellet in 50-100 μL of TE. Add 5 μL of 20 mg/mL RNase. mix well and incubate for 30 min at 37°C.
- Add 50µL of 3M Sodium acetate and 500µL ice-cold 96% ethanol and store at -20°C for 1 hour
- 15. Centrifuge in micro centrifuge at 13000 rpm for 13 min.at 4°C
- 16. Again, wash the pellet with 70% ethanol (200 μ L) and air dry.
- 17. Suspend the pellet in 50-100 μL of TE buffer and store at 20°C.

*Note: Use sterilized sand when grinding hard leaves or leaves with thick trichomes such as *H.ophioglossum* and *H.dasycarpum*.

PCR Amplification and Analysis of Extracted DNA

PCR reactions were performed in a thermo-cycler (Meigene I, Germany) in a 30 μ L volume containing 0.2 μ L of 1U of Taq polymerase, 2.25 μ L of 1.5mM Mgcl2, 1.2 μ L of 0.4mM DNTPs, 2 μ L of 50ng of DNA, 1.8 μ L of each primer (10 μ m), 3 μ L of 1x plant buffer and 17.75 μ L deionized water. The PCR profile conducted for amplification of rbcL, matK, trnL-trnF, psbA-trnH and trnS-trnG was as follow: pre-denaturation at 95°C for 3 min. followed by cycles of denaturation at 95°C for 20 s, annealing (variable according to primer) 35s, and extensions at 72 °C for 35 sec. with final extension at 72°C for 5 min.(Table 1).

The extracted DNA samples were run on 1% agarose gel stained with 4ul Visulana (Molequole-on New Zealand)/Ethidium bromide in horizontal gel electrophoresis assembly (Cleaver Scientific HU10, UK). The samples were compared with DNA size marker (Gene Direx, Taiwan) of 1Kb. The gel was documented using Gel Documentation System (UVI Tech, UK) and gel picture was recorded. DNA was quantified by measuring optical density at A260 and A280 with a Nanodrop Spectrophotometer (Implene, Germany).

Name of Gene/intergenic spacer	Primer	Product size
rbcL	F- CTGATATCTTGGCAGCATTC	1204bp
	R-CGCCCTTCATTACGAGCTT	
matK-U-IRKIM	F-ACCCAGTCCATCTGGAAATCTTGGTTC	800bp
matK-U-3FKIM	R- CGTACAGTACTTTTGTGTTTACGAG	
psbA-trnH	F- C GCGCATGGTGGATTCACAATCC	500bp
	R- GTTATGCATGAACGTAATGCTC	
trnL-trnF	F-CGAAATCGGTAGACGCTACG	850bp
	R- ATTTGAACTGGTGACACGAG	
trnS-trnG	F-GCCGCTTTAGTCCACTCAGC	650bp
	R-GAACGAATCACACTTTTACCAC	

Table 1. Primers used to Amplify cpDNA.

Results and Discussion

The concentration of DNA obtained from herbarium as well as fresh specimens ranged from 43-598 ng/ μ L, which is sufficient to amplify the different regions of Chloroplast genome including more than 50 years old herbarium specimen (Table 3). The highest concentration of DNA was obtained in fresh specimen of *H.ophioglossum* whereas *H.europaeum* showed the high concentration and ratio in

herbarium specimen. However, the DNA extracted from herbarium specimen by CTAB method (Doyle &Doyle 1990) showed low yield (Table 2) and failed to form amplicon.

As far as the DNA extraction is concerned, *Heliotropium* is a problematic genus containing a large number of secondary metabolites (Gilda *et al* 2009). Even the extracted DNA from fresh sample of *Heliotorpium ophioglossum* was failed to amplify the required genome when it was subjected to PCR amplification. Therefore, the current protocol is good enough to amplify PCR fragments up to 1kb (Figs. 2-6). The age of specimen is not of much importance and does not affect the concentration or ratio of extracted DNA. However, method of preservation of plant specimen including drying procedure and the age of leaves at the time of preservation has the major effect on the yield of DNA. All the herbarium specimens used in this study were air dried using corrugated sheets/ simple drier having electric bulbs of 40/60 watt. The DNA extracted from herbarium specimens utilizing different protocols (Doyle &Doyle 1990; Scott & Playford 1996; Haymes 1996; Porebski et al., 1997) was low yield, fragmented, coloured or highly viscous. The coloured DNA indicated the contamination of phenolic compounds adhered to DNA, while high viscosity was due to the presence polysaccharides which directly or indirectly interfere with the enzymatic reactions (Weishing et al., 1995). DNA extraction from herbarium material is very delicate and intricate process The first and the most important step in the protocol is grinding or crushing of plant material, instead of using liquid nitrogen we used pre chilled mortar and pestle (at -80°C) for crushing and grinding dried leaves along with the suspension buffer which homogenized the

tissue sufficiently and further suspension at 4°C for 30min. to 2hours gave good results, in case of hard leaves or leaves with thick trichomes sterilized sand was used during grinding. However, many protocols use liquid nitrogen for homogenization of plant tissue or Pulverizing plant material with a mixer mill (Csaikl et al., 1998) our current protocol is therefore, low cost as we did not use liquid nitrogen. For the removal of secondary metabolites high concentration of PVP was used and 2% merceptoethanol was freshly added. Washing two times or more (when required) with chloroform: isoamyle alcohol (24:1) was also very effective to remove contaminations and proved amenable to PCR amplification. Moreover, chilled treatment for longer period (overnight) gave high precipitation of DNA. Another problem which we encountered during DNA isolation from herbarium specimens was the rapid degradation. The DNA extracted from herbarium material degraded more rapidly than isolated DNA from fresh tissue and its effectiveness decreases very rapidly with time as also reported by Jansen et al., (1999). Therefore, we used standard TE (1M Tris-HCl and 0.5M EDTA) for DNA storage at -20°C or at -30°C (for longer period). It is recommended to use the isolated DNA (from herbarium) within a year.



Fig. 1. Gel picture of extracted DNA [Lane: 2-3 H.marifolium.4,5 *H.cbulicum.6-8 H.europeaum.9,10 H.calcareaum 11,12 H.rariflorum*. Lane: 1and 14 DNA markers



Fig. 2. Amplification of rbcL Gene: Lane: 2-14 H.marifolium, H.cabulicum, H.europeaum, H.calcareaum, H.subulatum, H.ophioglossum with their replicates.Lane:1 DNA marker



Fig. 3. Amplification of matK Gene Lane: 2-14 (upper row) 1-10 (lower row) *H.marifolium, H.cabulicum, H.europeaum, H.calcareaum, H.subulatum, H.ophioglossum* with their replicates. Lane: 1, 15 (upper row) 11 (lower row) DNA markers



Fig. 4. Amplification of trnL-trnF intergenic spacer Lane: 2-12. *H.marifolium, H.cabulicum, H.europeaum, H.calcareaum, H.rariflorum, H.ophioglossum* with their replicates. Lane: 1,13: DNA markers



Fig. 5. Amplification of trnS-trnG intergenic spacer Lane: 3,5,8,10,11,13 and 14 (upper row) Lane:1 (lower row) *H.opioglossum, H.cabulicum, H.calcareaum, H.marifolium, H.subulatum, H.europaeum, H.rariflorum.* Lane: 1,13 (upper row) Lane: 3 (lower row) DNA markers



Fig. 6. Amplification of psbA-trnH intergenic spacer Lane: 2-5,7-14 (upper row) Lane:2-7 (lower row) *H.opioglossum, H.cabulicum, H.calcareaum, H.marifolium, H.subulatum, H.europaeum, H.rariflorum* with their replicates Lane: 1,15 (upper row) Lane: 1 (lower row) DNA markers

1	Table 2. A comparison between CTAB protocol and current protocol.						
Taxon Name	Collection Date	DNA conc.(ng/µL)	DNA conc.(ng/µL)	Ratio (A260/A280)	Ratio (A260/A280)		
		CTAB protocol	current protocol	CTAB protocol	Current protocol		
H.cabulicum	1976	61	85.5	1.12	1.62		
H.cabulicum	1974	25.5	43	0.8	1.65		
H.calcareum	1970	86	93	1.2	1.53		
H.calcareum	1983	73	91	0.88	1.56		
H.europaeum	1968	22	152	1.5	1.69		
H.europaeum	1974	96	56	1.133	1.63		
H.europaeum	1970	53	67	1.21	1.5		
H.ophioglossum	1986	42	95	1.45	1.53		
H.ophioglossum(Fresh)	2014	177	598	1.7	1.77		
H.marifolium	1987	88	143	1.1	1.65		
H. marifolium	1983	91	122	0.92	1.58		
H.rariflorum	1987	35	103	1.23	1.8		
H.rariflorum	1959	37	113	1.4	1.76		
H.subulatum	1985	67	102	1.22	1.63		
H.subulatum(Fresh)	2014	155	140	1.68	1.76		

Table 2. A comparison between CTAB protocol and current protocol.

Note: Two fresh specimens of *H.ophioglossum & H.subulatum* were used as control.

Table 3. Voucher information for specimens used in this study.

Taxon Name	Collector and Number	Collection Date	Collection Locality	Herbarium
Heliotropium cabulicum	Nasir & Siddiqui 17610	1976	Sadda Kurram	KU
Heliotropium cabulicum	Qaiser & Sultan ul Abedin 17719	1974	Mansahra	KU
Heliotropium calcareum	Farooqui & Qaiser 17653	1970	Hyderabad	KU
Heliotropium calcareum	Saood umer& Nazimuddin 18236	1983	Chilas	KU
Heliotropium europaeum	Sultan ul Abedin 17834	1968	Darasanachano	KU
Heliotropium europaeum	Sultan ul Abedin & Qaiser 17857	1974	Kasur	KU
Heliotropium europaeum	Qaiser & Ghafoor 17836	1970	Peshawar	KU
Heliotropium ophioglossum	Razia Ahmed 18227	1986	KU campus	KU
Heliotropium ophioglossum	Samina Naurin 88028	2014	Kaneez Fatima society	KU
Heliotropium marifolium	Qaiser& Tahir Ali 18227	1987	Mirpurkhas	KU
Heliotropium marifolium	Qaiser & Nazimuddin 18986	1983	Bhawalpur	KU
Heliotropium rariflorum	Khatoon & Ayesha 16674	1987	KU campus	KU
Heliotropium rariflorum	Jafri 18068	1959	Malir	KU
Heliotropium subulatum	S.I.Ali 18174	1985	Malir	KU
Heliotropium subulatum	Samina Naurin 88229	2014	Gulistan e johar	KU

Conclusion

The current method of DNA extraction is easy, quick, inexpensive and less laborious which is easily applicable not only on the specimens of *Heliotropium* but other plants also. Moreover, fresh specimens give better yield of quality DNA (Table 2) with this protocol.

Acknowledgements

We are grateful to the Director General, Khan Institute of Biotechnology and Genetic Engineering (KIBGE), University of Karachi for providing facilities for this research work. We also wish to thank to the Director, Centre of Plant Conservation, University of Karachi for providing the herbarium specimens used in the study.

References

- Ahmed, I., M. Islam, W. Arshad, A. Mannan, W. Ahmad and B. Mirza. 2009. High quality plant DNA extraction for PCR: an easy approach. J. App. Genet., 50: 105-107.
- Bacci, M., G. Checcucci and M.R. Palandri. 1983. A rapid DNA isolation procedure for small quantities of fresh leaf tissue. *Phytochem Bull.* 19: 11-15.
- Cheng, Y.J., W.W. Guo, H.L. Yi and X.M. Pang. 2003. An efficient protocol for genomic DNA extraction from citrus species. *Plant Mol. Biol. Rep.*, 21: 177a-177g.
- Doyle, J.J. and J.L. Doyle. 1990. Isolation of plant DNA from fresh tissue. *Focus*, 12: 13-15.
- Csaikl, U.M., H. Bastian, R. Brettschneider, S. Gauch, A. Meir, M.Schauerte, F. Scholz, C.Sperisen, B. Vornam and B. Ziegenhagen. 1998. Comparative analysis of different DNA extraction protocols: A fast, universal maxi-preparation of high quality plant DNA for genetic evaluation and phylogenetic studies. *Plant Mol. Biol. Rep.*, 16: 69-86.
- Drábková, L., J. Kirschner and C. Vlcek. 2002. Comparison of seven DNA extraction and amplification protocols in historical herbarium specimens of Juncaceae. *Plant Mol. Biol. Rep.*, 20: 161-175.
- Gilda, E., M. Luis, Peña-Rodríguez and O. Sterner. 2009. Secondary Metabolites from *Heliotropium angiospermum J. Mex. Chem. Soc.*, 53(2): 44-47.
- Hall, D.V. 1981. Microwave: a method to control herbarium insects. *Taxon*, 30: 818-819.

- Haymes, K.M. 1996. Mini-prep method suitable for a plant breeding program. *Plant Mol. Biol. Rep.*, 14: 280-284.
- Li, Y.X., Z.X. Su and F. Chen. 2002. Rapid extraction of genomic DNA from leaves and bracts of dove tree (Davidia involucrata). *Plant Mol. Biol. Rep.*, 20: 185a-185e.
- Jansen, R.K., D.J. Loockerman and W.D. Hyi-Gyung Kim. 1999. DNA Sampling from Herbarium Material: A Current Perspective. In: *Managing the modern herbarium, An interdisciplinary approach.* (Eds.): D.A. Metsger and S.C. Byers. Society for the preservation of natural history collections, Washington, DC, pp. 277-286.
- Metsger, D.A. and S.C. Byers. 1999. Managing the modern herbarium, an interdisciplinary approach. Society of the Preservation of Natural History Collections, Washington DC, pp. 384.
- Mogg, R.J. and J.M. Bond. 2003. A cheap, reliable and rapid method of extracting high quality DNA from plants. *Mol. Ecol. Notes.*, 3: 666-668.
- Nasir, Y.J. 1989. *Flora of Pakistan*: 191:18-50. University of Karachi. Pakistan.
- Porebski, S., L.G. Bailey and B.R. Baum.1997. Modification of a CTAB DNA extraction protocol for plants containing high polysaccharide and polyphenol components. *Plant Mol. Biol. Rep.*, 15: 8-15.
- Saghai-Maroof, M.A., K.M. Soliman, R.A. Jorgensen and R.W. Allard. 1984. Ribosomal DNA spacer-length polymorphism in barley: mendelian inheritance, chromosomal location, and population dynamics. *Proc. Natl. Acad. Sci.*, 81: 8014-8019.
- Scott, K.D. and J. Playford.1996. DNA extraction technique for PCR in rain forest plant species. *Biotechniques* 20: 974-979.
- Sharma, K.K. and M. Lavanya and V. Anjaiah. 2000. A method for isolation and purification of peanut genomic DNA suitable for analytical applications. *Plant Mol. Biol. Rep.*, 18: 393a-393h.
- Shepherd, M., M. Cross, R.L. Stokoe and L.J. Scott. 2002. High throughput DNA extraction from forest trees. *Plant Mol. Biol. Rep.*, 20: 425.
- Taylor, J.W. and E.C. Swann. 1994. Dried samples: soft tissues, DNA from herbarium specimens. In: (Eds.): B. Herrmann and S. Hummel, Ancient DNA- Springer Verlag.
- Weishing, K., H. Nybom, K. Wolff and W. Meyer. 1995. DNA isolation and purification. In: DNA fingerprinting in plants and fungi, CRC Press, Boca Raton, Florida. pp 44-59.

(Received for publication 15 January 2016)